

What Object Helps You See Yourself?



Sometimes it's hard to see or say what's meaningful in our lives. It's not something we're generally accustomed to thinking about.

One way to find this meaning is through a thing or object that is important to you. Some object or token that is special and different from other things in your life. Something that you treasure in your own way. It doesn't have to be something of monetary value, but something that is very valuable to you.

What Is Your Object? _____

Why Did You Pick this Object? _____

What Does It Have You Remember and Connect With? _____

How Does It Guide You to Be Who You Want to Be as a Person?

In What Ways Does This Object Tie to This Class or Your Education?

Something like this?

book

pin

instrument

earring

piece of clothing

rock

watch

necklace

plant

feather

ring

trophy

glove

photograph